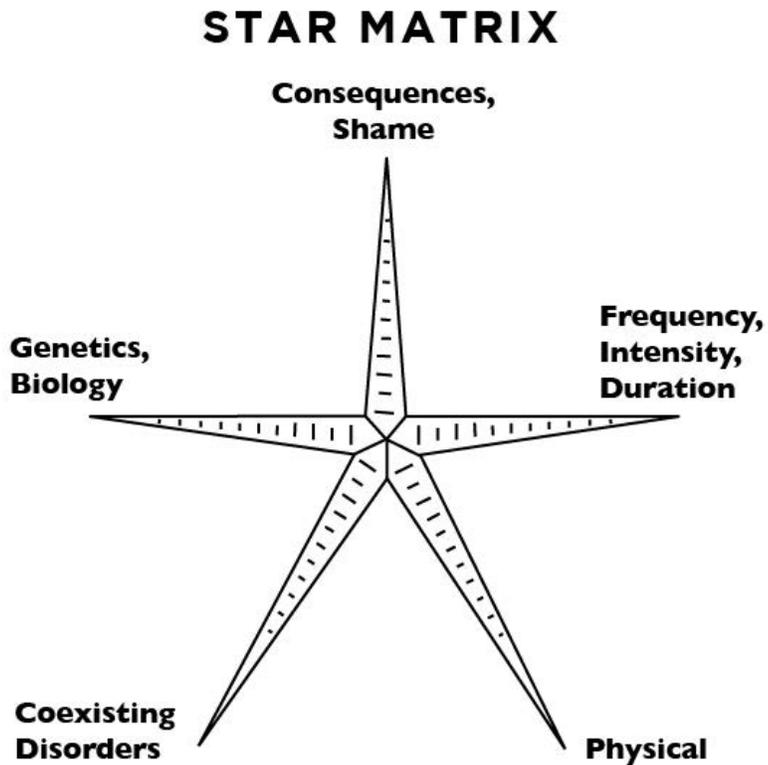


STAR Matrix Worksheet

This worksheet combines the STAR Matrix scoring system with a visual diagram. Clinicians can use it to assess the five core risk and impact domains in a client's recovery profile and visually map the severity of each area on a 0–10 scale.



Instructions

1. Use the STAR Matrix Scoring Worksheet to rate each of the five domains from 0 to 10.
2. Mark each score on the corresponding axis of the radar diagram.
3. Connect the dots to visualize the client's recovery profile.
4. Use the completed matrix in treatment planning, supervision, or documentation.

Scoring Table

Genetic Predisposition: _____

FID (Frequency, Intensity, Duration): _____ Trauma/Consequences: _____

Mental Health: _____

Physical Issues: _____

Total STAR Score (0-50): _____

Clinical Notes